

# GALAMBILA ELDERS HEALTH DAYS 2025

Want to be a part of a local social group?  
Want to learn more about health education?

Galambila invites community Elders to come  
and join us for a yarn and chat about health  
and wellbeing.

Tea/Coffee and Lunch will be provided.

This event is held at the North Coast Botanic  
Gardens from 10am-12pm.

## Dates

26th March  
28th May  
25th June  
30th July  
27th August  
24th September  
29th October  
10th December [ Christmas Lunch]

Please call Galambila on 02 6652 0800 for more  
information and to book transport .

(Transport subjected to local radius)

